



Know **Diabetes** by **Heart**™



# Let's Talk About Type 2 Diabetes, Heart Disease and Stroke

This new e-learning opportunity from **Know Diabetes by Heart™** helps patients learn risks and take action to prevent heart disease and stroke.

SCAN ME



Scan now to find out how the Let's Talk About Type 2 Diabetes e-learning opportunity helps patients take an active role in their health.



[KnowDiabetesbyHeart.org/TalkHeart](https://www.knowdiabetesbyheart.org/TalkHeart)

# Help patients with type 2 diabetes play an active role in their care plan.

- Learn the risks for heart disease, stroke and kidney disease
- Understand how screenings, lifestyle, medication management and support can lower risk
- Take an active role in your health, including talking with a health care professional

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