



American
Heart
Association.



American
Diabetes
Association.

Know **Diabetes** by **Heart**™

2024

ASK THE **EXPERTS**

Do you have questions about diabetes, cardiovascular disease or managing your health and wellbeing?

Our trusted experts have the answers to help you or your loved one on your health journey.

Take Charge of Your Health

Join us for our free **Ask the Experts Q&A** series created to help tackle issues commonly faced by people living with diabetes and their loved ones. Ask our clinical experts questions live and learn more about the relationship between diabetes, heart disease, stroke and kidney disease.

Courageous Conversations to Reduce Heart Disease and Stroke Risk

January 9, 2:00 p.m. ET

How to Lower Your Risk for Heart Disease if You Have Type 2 Diabetes

February 13, 2:00 p.m. ET

Type 2 & Kidney Health: What's the Link?

March 12, 2:00 p.m. ET

Your Medication Questions Answered

April 9, 2:00 p.m. ET

High Blood Pressure and Type 2 Diabetes: The Impact on Health

May 14, 2:00 p.m. ET

How to Determine a Healthy Weight for You

June 11, 2:00 p.m. ET

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