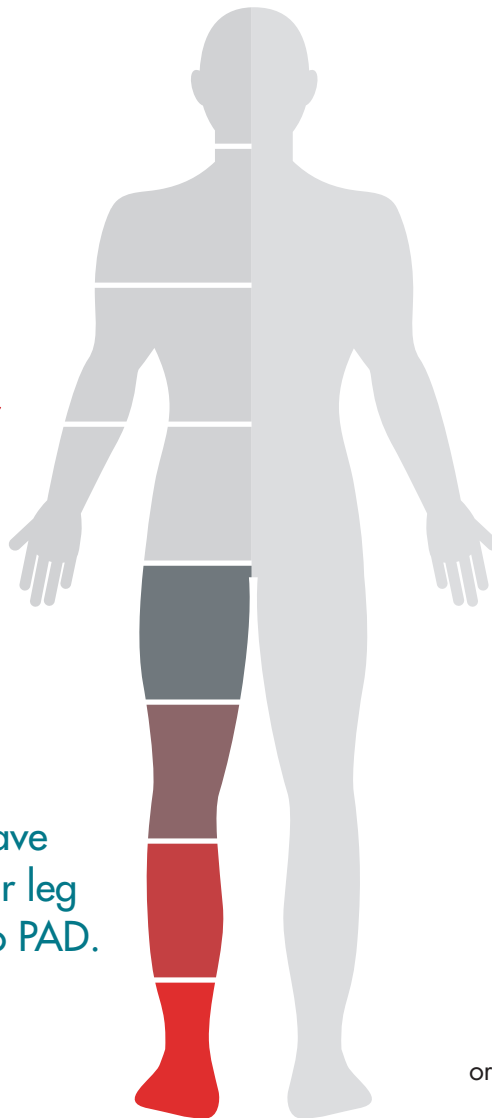


Know **Diabetes** by **Heart**™

Type 2 Diabetes and PAD

Peripheral artery disease (PAD) is a narrowing of the arteries leading to your limbs and organs, usually your legs.



Most leg pain is not serious. But if you have type 2 diabetes, your leg pain could be due to PAD.

See your doctor if you have:



Leg pain that doesn't go away after exercising.



Foot or toe wounds that won't heal or heal slowly.



Poor nail growth on the toes or hair loss on the legs.



Lower temperature in your lower leg or foot compared to the rest of your body.

If you have diabetes, there is a lot you can do to reduce your risk for PAD. Talk to your doctor about your next steps.

You're not in this alone. Find answers to your questions and join the initiative at: <https://KnowDiabetesbyHeart.org/join>

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