Support your patients by referring them to ADA Recognized DSMES services that will answer their questions about diabetes and help your patients gain knowledge, skills, and confidence to live a long and healthy life with diabetes. ADA Recognized services will keep you informed of your patient’s progress, goals, and outcomes.

Refer your patients to DSMES:

1. At diagnosis or if they have never taken part in DSMES
2. Every year
3. When it’s harder to manage diabetes, such as:
   a. Changes in access to food or money
   b. When there are emotional factors (e.g. stress or anxiety)
   c. When new health issues arise
   d. When starting a new medication (e.g. insulin or steroids)
4. During changes in life, such as:
   a. Change in living situation (e.g. divorce or death of a family member)
   b. Getting new insurance coverage

**MEDICARE AND MOST INSURANCE PLANS COVER THE COST OF DSMES**

Visit diabetes.org/findaprogram or call 1-800-DIABETES (800-342-2383) to find DSMES services near you.
A PATIENT’S BEST DEFENSE BEGINS WITH KNOWING THE LINK

Find patient resources, tools and information at KnowDiabetesbyHeart.org